



MASTERS SWIM MEET 2025

INDIVIDUAL ENTRY FORM

Saturday 18th and Sunday 19th January 2025 at The Sands Centre, Carlisle CA1 1JQ

Please fill out the Entry Form in Black or Blue ink in BLOCK CAPITALS

Male

Female

Name

Address

Town/City

Post Code

Club

Date of Birth

ASA Number

E-Mail Address

Confirmation of entry will be sent to the above email address

Please circle your appropriate age category

X	A	B	C	D	E	F	G	H	J	K	L	M
18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+

IMPORTANT - Please read this document carefully before signing.

1. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events or any other associated activities.
2. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.
3. I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake always to conduct myself in a responsible and professional manner.
4. I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
5. I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.
6. I acknowledge that Carlisle Aquatics, cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
7. I hereby agree to abide by and be governed by the rules of Swim England and all other laws, including any covid guidelines currently in place

I have read and understand the above provisions and agree to abide by them.

Signature of Competitor

Date

Please submit an entry time for each event you wish to enter

Stroke	Distance	Swimming (Y/N)	Time	Cost	Total
Freestyle	50m			£7	
	100m			£7	
	200m			£7	
	800m (Saturday Only)			£10	
	1500m (Saturday Only)			£10	
Backstroke	50m			£7	
	100m			£7	
	200m			£7	
Breaststroke	50m			£7	
	100m			£7	
	200m			£7	
Butterfly	50m			£7	
	100m			£7	
	200m			£7	
Individual Medley	100m			£7	
	200m (Saturday Only)			£7	
	400m (Saturday Only)			£10	
				Total	

Remember that the maximum price for 50m, 100m and 200m races is £49.00. 400 I.M. 800m and 1500m F/s are £10 each e.g. if you do all the 50's and 100's and 200's then your entry fee will be £49, if you do all the events your entry fee will be £79.00

Enter Online

Entries can be made by emailing a copy of the entry form to caqmastersgala@gmail.com, please make sure emailed copies are legible. Payment can be made by BACS Using the following details:

Account Sort Code: 600430 Account Number:11080418

Payment Ref: SURNAME(first 6 letters)_FORENAME(First 6 letters)_MASTERS

(i.e. if your name is MICHAEL SCALES then your reference would be SCALES_MICHAEL_MASTERS)

Please enter your payment reference below so we can associate the payment to your entry:

Reference: _____

Please contact us by emailing caqmastersgala@gmail.com if you have any questions.