

# Wellbeing & Safeguarding Policy

Silver City Blues (Masters) Swim Club is committed to promoting the wellbeing of its members within our sport to allow them to enjoy a positive experience of swimming and to encourage lifetime participation.

## Wellbeing

As part of the Club's constitutional requirements, a Wellbeing & Protection Officer (WPO) shall be appointed. The WPO is the Club's wellbeing point of contact. The WPO shall communicate useful information, WPO-related training opportunities and changes in legislation to Club Members, including any updates received from Scottish Swimming.

The responsibilities of the WPO shall be as follows:

- Promote and assist in provision of an effective, safe environment for all Club Members.
- Promote WPO-related training opportunities for members.
- Handle complaints and disclosures of a Wellbeing and Protection nature.
- Ensure an up-to-date Wellbeing & Safeguarding Policy is maintained (this document).

The Club demonstrates the Good Practices laid out by Scottish Swimming as follows.

1. The safeguarding of participants, particularly adults at risk, is everyone's responsibility, particularly when it comes to protecting people from abuse. Everyone in the committee, Club official, coaches, family, friends, everyone – can help.

Everyone including adults at risk have a lot to gain from swimming. Swimming provides an excellent environment for an individual to learn new skills, become more confident and maximise their own unique potential and join a community.

2. The underlying principles with respect to Wellbeing & Child Protection are that:

- The individual's wellbeing is the first consideration
- Everyone, regardless of age, any disability they have, gender, racial origin, religious belief, and sexual identity have a right to be protected from abuse
- All members must be treated with integrity and respect
- Members will be encouraged and supported to compete at an appropriate level but will have the right to decide on which events to enter.

3. We are committed to following the current Scottish Swimming's Wellbeing & Protection: Adult policy & guidelines. All our volunteers are members of Scottish Swimming

4. The Club:

- Aims to create an enjoyable environment, where participants have the right to be safe, secure, and free from threat

- Acknowledges that everyone has the right to be treated with respect and for their concerns to be listened to and acted upon
- Will aim to ensure that vulnerable adults have adequate supervision
- Is committed to ensuring that all helpers, whatever their role, completes SASA membership registration and agrees to follow the Code of Conduct
- Being an adult only club, PVGs are only required where there is a significant number of members 'at risk'.
- The club will still have a designated Wellbeing & Protection Officer in place who will complete the Child Wellbeing & Protection in Sport training in the event that the club has a significant number of members 'at risk'.
- Provides clear, comprehensive, easily understood procedures for dealing with:
  - allegations of abuse
  - requests for help and support on a confidential basis
  - Is committed to an equitable recruitment selection for coaches.
  - Will always emphasise fair play.

Our Wellbeing & Protection Officer: Jane Thomson, [scbukwelfare@gmail.com](mailto:scbukwelfare@gmail.com)